

NZFAA NATIONAL COACHING AND DEVELOPMENT PROGRAM (NCPD)

The program is based on the **BEST** system that being
“BIO-MECHANICAL –EFFICIENT –SHOOTING- TECHNIQUE”

The NZFAA NCPD has been established to provide and cater from an Introduction to archery all the way through to High performance for the Elite on the National and International stage. Also providing a Community Accredited Coaching program for the likes of Scout / Guide Groups along with YMCA Camps, some School programs and the like. This has proven to be very successful on the standardization in the introduction to archery when these individuals move onto an Archery Clubs where the continuation of developing their skills are of the same teachings and philosophy .

Having a fully accredited coaching program and continued upgrading has ensured a continued success for those clubs that are participating and supporting it.

It was due to the NCPD that the Novice 1 and Novice 2 program was introduced this has been and continues to be hugely successful many people have come through this system onto achieving great successes in a relatively short time, all coaches support this .

Instructors / Coaches from NZFAA Level one through to Level 3 must all attend a study course, written examination, practical assessment for each level. Along with this it is required that all will keep Log books of hours spent on coaching and are required to attend the “Coaching of Coaches” seminars that are held each year for upgrading of skills and renewal certifications. It is also required that all Instructors / Coaches know the NZFAA & IFAA rules.

The NCPD has also provided and supported those who have continued with their Coaching development of furthering their skills by way of the IFAA International Coaching Program , NZFAA has several IFAA Level 1 , a Level 2 (soon to be another 2-3) a Level 3 (soon to be 1 more) and an International Master Coach. Also the IFAA Level 3 and Master Coach are both USA Archery NTS Level 3 accredited, NCPD accredits level 2 NZFAA with Level 1 IFAA as approved by the International Body and NZFAA Level 3 with level 2 via written examination.

The Youth Development section of the program which occurs minimum once a year and often held at different venues within that year is a seminar/workshop covers equipment fitment, the understanding of “Shot Sequence “ etc. and practical activity covering things like up and down hill skills etc.

Training for high performance archers is also available and has as in the past provided group seminars / workshops for those whom choose to attend, topics such as training schedules, technique, self-discipline, physical fitness, diet ,mental game, equipment setups , tuning etc.

The NCPD has a minimum age requirement that being 18 and also a minimum of 2 years participating in archery.

Other requirements

NZFAA Level 1 must have achieved a minimum of 1 year with proven support of active coaching before being able to proceed with Level 2

NZFAA Level 2 must have achieved a 2 year requirement as per terms of Level 1 and at least a 5 year involvement in the sport to proceed to Level 3

The above is a comprehensive overview of the coaching program and is available to all NZFAA members through their NZFAA affiliated club.

Should you require any further information or assistance don't hesitate to call

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