

From the International Field Archery Association Book of Rules: 2013-2014 edition pg 31-37.

EQUIPMENT.

1. Any kind of bow, having two flexible limbs, except a crossbow or bow incorporating a mechanical drawing device.
2. The archer shall support both the mass weight and the holding weight of the bow without any assistance from any external aid, other than those defined in the relevant styles.
3. Arrow speed shall not exceed 300 foot per second (fps) (91.5 m/s).
4. The archer will be responsible to use and maintain his/her equipment in compliance with the warranty regulations of the manufacturer of each specific type of equipment he/she uses.

SHOOTING STYLES.

1. Barebow - Recurve and Compound (B.B)

- a. Bow, arrows, strings and accessories shall be free from sights, marks, blemishes or laminations which could be used for aiming.
- b. An adjustable arrow rest may be used to control the space between the arrow and the face of the bow window.
- c. The use of stabilisers shall be permitted.
- d. One permanent nocking point only is permitted which may be marked by one or two nock locators.
- e. No mechanical device will be permitted other than one non-adjustable draw check and/or level mounted on the bow, neither of which may extend above the arrow.
- f. All arrows used shall be identical in length, weight, diameter, fletching and nocks, without regard to colour, with allowance for wear and tear.

2. Freestyle limited - Recurve & Compound (F.S.)

- a. Any type of sight is permitted.
- b. Release aids are not permitted.

3. Freestyle Unlimited (FU)

- a. Any type of bow, sight and release aid recognised by the IFAA World Council is permitted.

4. Bowhunter - Recurve & Compound (B.H.)

- a. Bows, arrows, string and accessories shall be free from sight marks, blemishes and/or laminations which could be used for aiming.
- b. A levelling device is not permitted.
- c. No device of any type that may be used for sighting may be attached to the archer's equipment.
- d. Optical devices that assist the archer to obtain consistency in eye alignment and anchor point are not permitted.
- e. One permanent nocking point only, is allowed on the string. Nocking point may be marked by one or two nock locators.

f. One consistent anchor point only is permitted.

g. An archer shall touch the arrow when nocked with the index finger against the nock. Finger position may not be changed during competition. In cases of physical deformity or handicap special dispensation shall be made.

h. All arrows used shall be identical in length, weight, diameter, fletching and nocks, without regard for colour, with allowance for wear and tear.

i. Brush buttons in their proper places at the recurve tip of the bow, string silencers no closer than twelve inch above or below the nocking point and bow quiver installed on the opposite side of the sight window with no part of the quiver visible in the bow window is permitted.

j. One straight stabiliser, coupling device included, if used, not exceeding twelve inch as measured from the back of the bow may be used. No forked stabiliser or any counter balance will be legal. The plunger (where the stabiliser is screwed in) is part of the stabiliser.

k. Draw weight shall not be adjusted during any one round.

5. Bowhunter Unlimited (B.U.)

a. Any type of bow and release aid recognised by the IFAA World Council is permitted.

b. A sight with 4 or 5 fixed reference points will be allowed and neither the sight nor any reference point shall be moved during a round.

c. Pin sights are to be of straight stock from point of anchor to sighting points, held nearer horizontal than vertical within the sight, with only one sighting reference possible from each pin or reference point. Hooded pins or scope sights are not permitted.

d. Release aids are permitted.

e. A kisser button or string peep sight will be permitted but not both. No form of magnifying device may be incorporated in, or attached to, the peep sight.

f. Pin Guards/brush guards may be used provided that the distance between the bottom of the top guard and the top pin must be greater than the distance between the top pin and the next highest pin. The same clearance as for the top sight pin applies also to the bottom pin and the bottom guard.

g. All other rules for the Bowhunter style will apply.

6. Bowhunter Limited - (B.L.)

a. Same rules apply as for Bowhunter Unlimited except that the release aids are not permitted.

7. Longbow - (L.B.)

a. A bow of any material, which can be taken down in two parts and put together again into a one piece bow within the handle (only shared once in the handle), which when strung displays one continued unidirectional curve, which is measured as follows:

When the strung bow is placed with the bowstring in a vertical position, the angle as measured between the tangent of any point on the limb and an imaginary horizontal line must always decrease as this point is moved further away from the bow grip. Where there is any doubt as to the continuing curve of the limb then a string-line laid from the end of the riser fade out to the commencement of the tip overlays (or if there are no overlays then the point at which the bow string is held in the nock groove) on the back of the strung bow shall show no gaps between the string line and the bow limb.

b. The tip reinforcing may not exceed 20mm in height, measured from the surface of the back of the bow limb and may not exceed 50mm in length, measured from the centre of the string groove towards the bow grip.

c. The bow may contain a window and an arrow shelf. The side of the window shall be slanted over the full length of the window and rounded off at the point where the window intersects with the top bow limb. The window cut may not exceed the centre of the bow.

- d. The belly, bow grip, the window and the arrow shelf shall be free of any marks or blemishes that may be used as sighting aids.
- e. Any additions to the bow for the purpose of stabilisation, levelling, draw-weight reduction, sighting and/or draw checking are not permitted
- f. Only one nocking point shall be allowed on the string, which may be marked by either one or two nocking point locators. If resting nocks are used -such as ball nocks -only one locator may be used.
- g. String silencers no closer than 30 cm above or below the nocking point are allowed.
- h. Arrows shall be of wood, fletched with natural feather, and must be of the same fletch and pile, without regard for colour. The arrows must be free of any marks or blemishes that can be used as sighting aids and shall not vary in length by more than 25mm at the start of the competition. Nocks may be of any material and any weight of pile may be used.
- i. The bow must be shot with the "Mediterranean" loose. In cases of physical deformity or handicap special dispensation shall be made.
- j. Entries that do not comply with the above rules shall be classified in the recurve bowhunter style or in the shooting style the equipment is allowed and possible to use.

8. Historical Bow - (HB)

- a. The recognition of the classic bow (also called historical or primitive bow) shall be based on the accepted design and usage during the period preceding the year 1900.
- b. There shall be no distinction between the different configurations of bow designs or of materials used.
- c. Only the adult division shall be recognised and there shall be no class grades.
- d. The bow shall be either a self-wood or composite bow.
- e. The inclusion of a form of arrow rest or shelf as well as a sight window cut-in shall be permitted, provided such meet the classic configuration of the bow which has established historical precedence.
- f. The bow shall be constructed of wood or materials that were used during the period of the bow's historical usage. Modern materials such as carbon, glass fibre and epoxy may not be used. The use of historic glues such as bone glue and hot tree resin is not permitted and only modern glues and adhesives shall be used for the riser and limbs!
- g. The standard bowstring material shall be polyester. Historical (such as flax or sinew) and/or modern bowstring materials (such as Kevlar, etc.) may not be used.
- h. Arrows shall be of wood, fletched with natural feather, and must be of the same fletch and pile, without regard for colour. The arrows must be free of any marks or blemishes that can be used as sighting aids and shall not vary in length by more than 25mm at the start of the competition. Modern arrow points or piles as well as modern nocks shall be permitted. Nocks that are cut into the shaft are only permitted when these are strengthened with appropriate materials.
- i. Accessories such as woven nocking point indicators and thumb rings shall be permitted, provided that such accessory was used during the historic use of the bow.
- j. The onus shall rest with the archer to ensure that all the equipment that is used for the tournament is historically correct. The shooter shall show documented proof of the correctness of the equipment if so asked by the technical controllers at the tournament.

F. Divisions of Competition

1. Professional Adults Only - Professional Status

An archer is considered to be a Professional Archer when this archer actively competes in the Professional Archery Circuit.

Three styles of shooting shall be recognised by the IFAA:

Unlimited - No restriction.

Compound Limited - No release aid

Recurve Limited - No release aid

Men and Women will compete in separate divisions.

A Professional Archer may be reinstated as an Amateur Archer one year since the last attendance in a Professional tournament.

2. Amateur - Adults, Veterans, Juniors and Cubs.

Every archer registered as a member of an IFAA member association will be recognised as an Amateur until such time as they become Professionals under the IFAA rules.

Adult Men and Women:

Barebow recurve and compound	BB
Freestyle limited recurve and compound	FS
Freestyle unlimited	FU
Bowhunter recurve and compound	BH
Bowhunter unlimited	BU
Bowhunter limited	BL
Longbow	LB
Historical Bow	HB

Veteran Men and Women:

Those archers who are 55 years of age on or before the first day of a Tournament will be given the choice to participate in the Veteran or Adult division (not both).

The decision to participate in the Veteran division is not binding on subsequent Tournaments. The choice is always optional.

Proof of age will be compulsory. There will be no classes in the Veteran Division and shooting styles are as for Adult Men and Women above.

Junior, boys and girls (13 - 16 years of age) :

Barebow recurve and compound	BB
Freestyle limited recurve and compound	FS
Freestyle unlimited	FU
Bowhunter recurve and compound	BH
Bowhunter unlimited	BU
Bowhunter limited	BL
Longbow	LB

Cubs, boys and girls (under 13 years of age):

Barebow recurve and compound	BB
Freestyle limited recurve and compound	FS
Freestyle Unlimited	FU
Longbow	LB

3. Style and Division nomenclature

A full description of individual recognised Styles and Divisions is shown in the following chart:

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